

# WHAT IS A UPCC?

## All about Urgent and Primary Care Centres (UPCCs) in Burnaby

Urgent and Primary Care Centres (UPCCs) provide medical care **for urgent, non-emergency issues**. For **life-threatening illnesses or injuries, call 911 or go to the Emergency Department**.

UPCCs are for when you are unable to see your family practitioner or access a walk-in clinic in a timely manner. If you do not have a doctor or nurse practitioner, you can receive urgent care at a UPCC.

### When should I go to the UPCC?

Examples of when to visit a UPCC for urgent care include:

- Cuts, wounds or skin conditions
- Infections
- New or worsening pain
- Sprains and strains
- Nausea, diarrhea and constipation
- Mental health issues such as low mood, anxiety or depression
- Support from a social worker (e.g., financial hardship, resource navigation, community supports, housing instability, changes in health, safety and support)

### Who provides care at a Burnaby UPCC?

UPCC care teams may include:

- Family physicians
- Nurse practitioners
- Nurses
- Clinical pharmacists (Metrotown only)
- Social workers
- Clinical counsellors



### Metrotown Urgent and Primary Care Centre

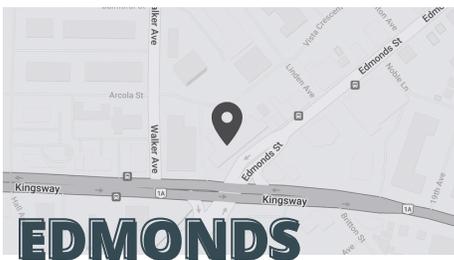
#102 - 4555 Kingsway, Burnaby

Phone: 604-451-4888

Open seven days a week: 9:00 a.m. – 8:00 p.m.

#### WALK-INS WELCOME

*Operated by Fraser Health Authority*



### Edmonds Urgent and Primary Care Centre

#201 - 7315 Edmonds Street, Burnaby

Located at PrimeCare Medical Centre (2nd floor).

Phone: 604-519-3787

Mon to Fri: 5:00 p.m. – 9:00 p.m.

Sat: 2:00 p.m. – 8:00 p.m.

Sun: 12:00 p.m. – 6:00 p.m.

You can call to self-refer to social work services at the Edmonds UPCC.

#### BY APPOINTMENT ONLY

*Operated in partnership by Burnaby Family Physicians and Fraser Health*

**FIND OUT MORE**  
[burnabypcn.ca/upcc](http://burnabypcn.ca/upcc)

